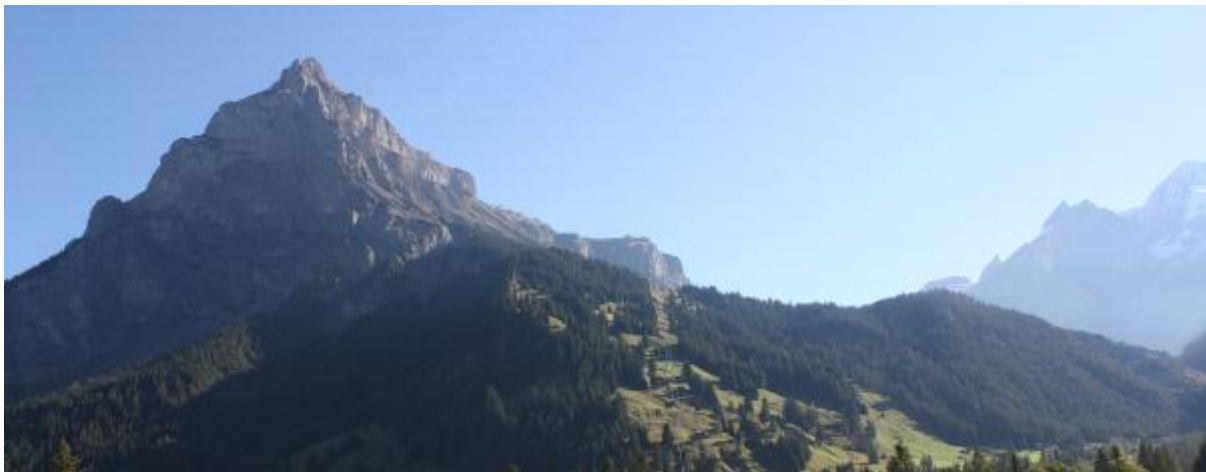




Seminar: Libra – The Art of Balancing

Kandersteg, Switzerland, Autumn Equinox 21st – 23rd September, 2010

with Master K. Parvathi Kumar

(These notes are only for personal use. They are incomplete and might contain mistakes, lp

Hearty fraternal greetings and good wishes to all the brothers and sisters.
(computer problems at the beginning, missing some sentences.)

The call of equinox cannot be called ordinary. The energy of equinox happens twice a year. It has to be built from below upwards. The devas, the immortals, build from above downwards, the humans, the mortals, build from below upwards. The building effort of the devas and the building effort of the humans shall have to meet and that can happen when the humans gain balance at all the levels up to buddhi. Balancing opposing forces at the physical, emotional and mental plane only happens at the buddhic plane. Discipleship is to bring that balance to the physical, emotional and mental activity. Through that balance the ascent can happen. Physical adjustment, emotional adjustment and mental adjustment are to be strived at, invoking the strength of the buddhic plane. At the buddhic plane the will, the love and the light are available in plenty. The planes are meant to bring down the virtue of balance from the buddhic to the mental, the emotional, the physical and the surroundings. When you are able to bring it to the surroundings you can be called a disciple. A disciple is one who stands connected to the buddhic plane where the plan of the devas is available and is also comprehended, and he brings that plan to mental, emotional and physical plane and demonstrates it in objectivity. That is how usually a man can transform himself and contribute to the surroundings. For that adjustments are possible during the time of equinox. Each one of us shall have to see, where shall we have to be balanced a little more, in mental, emotional and physical plane. One step is regular effort to contact the buddhi plane and bring down its effect onto the mental. That is what we call prayer and meditation.

All prayers and meditations have only one purpose of linking oneself to the buddhic plane. That is the first step. The second step is to observe and follow the life of those who have reached the state of balance. To observe and to follow the lives and the teachings of those who have been able to gain that kind of contact with the buddhic plane. We may have the good opportunity of living at the times they live or we may not. Their lives and their teachings continue to be with us, keeping their lives and teachings in our fond memory. Memory has many chambers, it has to be kept in a fond memory, what is dear to us in a very special way, and then nourish yourself with their teachings and their presence. The teachings of those who teach from the buddhic plane, daily you read a page of the teachings of a master, slowly

you will get into the presence of that master. The presence has the sense of touch. The sense of touch belongs to the fourth element air, and buddhic plane is also the fourth plane. This noble touch of the Master acts like a catalyst for the necessary adjustments to happen. For that we need to bring into our way of life the festival of equinox. There are so many festivals where we only think of new clothing, food and entertainment, but there are festivals of buddhi, among them we have equinoxes and solstices. They have to be celebrated. Every year you get the equinox in Libra. Why only the equinox?

Brother Ludger asked me when I visited his house: What is the purpose of this visit, and why this journey? This group remains small, maybe small is beautiful, therefore it is small. He asked me a question, why this visit on an equinox? Why in Switzerland? To me generally it is the equinox point between Germany and Spain. Why equinox? The Master visited, "I met you all from 30th June. Saturn visits Libra until May 2012. The Master leads to balance. What is to be balanced? The answer is: What is that is already balancing? There are so many balances. On the micro and macro-level there are imbalances on the world. Imbalances have to be balanced for harmony.

Saturn necessitates balance. Jupiter forms the law. The discomfort of being imbalanced, you have to come out of that aspect of life. Saturn necessitates justice. When there is no justice, our police comes. Our police is also imbalanced, the politicians and the police function under imbalance. What is justice? The justice man seeks is not what Nature seeks. For the capitalist what is justice is not what it is for a communist or a socialist. If it is justice it should be for all, fair for all. That is justice. Movement on the globe for humanity cannot be restricted, because the globe belongs to all the prisoners of the planet. We are all prisoners of the planet. There is free flow for some parts of the planet and restricted flow for other parts. When there is no free flow for the blood in the body there is sickness. What is healing? To ensure that life flows at much more abundance. That we see what is happening on the planet.

I have given out 3 years ago the planetary prayer of diamond network when Saturn entered Virgo. A work for three years. "The justice which the Masters conceive." Man of mind has only viewpoints, man of wisdom has vision. Viewpoints shall have to be prevailed over by the vision. The vision is justice. Justice is another name for balance. Where there is injustice, there is imbalance. At the planetary plane there is necessity for adjustment, and Saturn is the one who necessitates it. The more intelligent and more powerful is exploiting the less intelligent and powerful. In every nation there is an effort for a readjustment. In our body there is also an effort for readjustment when you are sick, and you have to do readjustments through food, rest and sleep. Adjustments are thought of and it is well thought of by the planet of the New Age, Uranus, and Pluto, and Saturn. We can fairly think of these planetary considerations. When such energies are prevailing on the planet a student of occultism who is oriented more to energies than to the form wants to bring up the needed adjustments in us. When it comes to working with esoteric astrology and psychology we cannot leave them in the chart. The effort is to recollect the need for balancing forces in us all the time. There are so many things that require to be balanced.

To do what is to be done, not more and not less is what is called yoga. Equanimity is yoga. Yoga karma ... The skill of balancing is yoga, is said in Bhagavad Gita. Balancing in regard to every aspect we do. In some aspects we may overdo, in some aspects we underdo. If we eat more there are some sicknesses, if we eat less, there are other sicknesses. If we sleep more there are some sicknesses, if you sleep less there are some sicknesses. We go two nostrils for breathing. What is the message? To be able to breathe well through the two. If one is closed it means that there is imbalance of energies in you. It is a way to see how are the energies balanced in you early in the morning.

If one nostril is closed - close one nostril and breathe through the other and then close the other and see how the air flows. That nostril which is not breathing with so much ease is the

energy that is to be balanced. Until the two are balanced, when they are almost balanced your attention is shifted from the sides to the centre. The two pans are balanced. That is how when two activities are balanced your attention is shifted to the higher centre which holds the balance of the two. When such balance happens you move up. When there is imbalance, one centre functions as the whirlpool of energy. When it functions well there is no whirlpool, it becomes a flower. That is how chakras unfold to lotuses. On a higher plane there is again need to be balanced. Through yoga you balance the emotions. What is neglected in life gets imbalanced and you have to balance that aspect of life. The whole game is seen as an activity of carrying a basket of frogs. You try to keep them in the bag, when you catch two frogs, others jump out. Until there is a balanced approach to every aspect of life it will not enable you to progress as a yogi. Energies shall have to be balanced as between the matter and spirit, that is your consciousness.

The two forces balanced is the optimum state of experience. To be equidistant to matter and spirit, this enables you to experience matter. Otherwise when you tend more towards spirit matter is neglected, the life is into imbalance. When this part is in imbalance, the other part also gets into imbalance. That is getting away from the normal human life is causing imbalance. We as students of knowledge and yoga need to bring that balance into every part of life. Until that happens there cannot be the harmony of energies within us.

Without such harmony there is no unfoldment. The lower obeys the higher. The higher presides over the lower. When we are with such aspects of wisdom which creates the necessary balance in us. Through wisdom certain balance happens, but when it is worked out in daily life then the balance is there in every aspect of life. A yogi is a yogi in every aspect of life. He is not in one or the other side. In him there is neither side excessively desired. No initiate is without desires, without the desire to unfold and to fulfil. There is no denial of material in preference to spirit. If one is excessively spiritual it is causing imbalance. What is important is a daily balancing activity. When this happens it has great dimensions. In that balance a Yogi is what he gives to others. What is it that one can offer to others before he receives from others? Offering oneself for the benefit of others enables balancing of energies of others. There is a statement of Master Morya, Sacrificing... Initiates believe in expressing, they offer their lives and wisdom.

There is a good story from the life of Jesus. When he was moving with his disciples the disciples were asking many aspects of wisdom and the master was answering and it went on and on. The disciples felt hungry. They asked the Master: Are you hungry? When the disciple is hungry he thinks of the Master. Jesus smiled, "You are hungry, let us eat." He did not say, I am hungry. Men of wisdom don't get hungry. There is a statement from the Vedas, thirst and food have no effect on a man of wisdom. Therefore Jesus said, "You are hungry, let us eat." He is a master because he has to give comfort to the disciples. They were looking for a place and found a big tree. The disciples ran up to the tree to catch the fruit. The Master asked them: Is it justice that you take the fruit from the tree? It must have been equinox... The disciples had a fair question mark, they did not understand. They said, the tree is full, we can take a little. It is justice from a human angle. The Master saw it from another angle: "What have you don't to the tree to get the fruit? You have not watered it. Just because you are hungry and you have the hands to pluck, plucking the fruit and take it is not the way." – "What is the way?" – "Ask the tree. You should tell the tree that you are hungry and that you are thankful to the tree." The disciples did not know how to ask it. The Master went to the tree and closed his eyes. Two fruits fell from the tree. He said, "Now you may eat, the tree has offered two fruits." Two fruits, when you are very hungry? He gave one fruit to the Master and took one fruit for himself. He knows that the disciple would want to eat the other fruit also. Then the Master said: "You eat the other fruit." The disciple said, "No, no." The Master said, "Yes, you are hungry, I am not hungry. It is not justice that I eat away the fruit because your hunger is not satisfied."

Can you imagine that justice is of that subtle nature? Justice is to think of the needs of the others and to respond to it. That kind of justice is generally not seen for the humans. As between the humans there is so much injustice. Therefore certain adjustments have to happen in us. If we have the principle of justice in us we don't lack food or anything. There are so many who are hungry. Justice demands that we don't waste Nature's resources, that we cannot spend away things for nothing. When there is nothing for others you spend away things for others. As you all know from the writings of Master Djwhal Khul there is such a huge waste by the societies on the planets, waste of material resources. If ten percent is justly distributed on the planet there is no poverty. When we waste something we should think of those who don't have. There is such a huge power when we adopt to the thought to think of the whole. The energy in us gets balanced. A disciple cannot be irresponsible to any part of life. Responsibility to humans, animals and plants. Are we responsible towards the air, the water? How much pollutions happens? Responsibility goes along with the use. We need to be concerned of every other human. We can transfer things to places where there is need. Intelligent use of resource we have. Intelligent means, not wasting them. Minimise the waste and maximise the good use. Don't think you can save the planet. But this awareness will cause a necessary change in us.

I tell you another anecdote from Ramayana. The great initiate monkeys were to build a bridge from the mainland to Lanka. There were many monkeys flying and bringing huge stones and throwing them into the ocean. A squirrel which was on the sea side saw that all the monkeys were working for the Lord for the planetary dharma. "What can I do?" What can a squirrel do? It took some sand on the skin and brought it into the sea, on the bridge. The sand brought by the monkeys was not enough. He was dipping into the ocean so that more sand could stick to it and brought more sand. Rama observed that squirrel and said: "What are you doing?" He said, "My little contribution to build the bridge. I cannot work like Rama and other great ones, but I give my little contribution." Rama was so pleased that he blessed the squirrel and it got an eternal blessing with the stripes on his back. We as a group work like the squirrel, we are thinking of the betterment of the whole. Better we also get blessed through the effort.

The expectations don't work, intense prayers work for the higher energies to descend. Your little actions show that right attitude. You give some small coins to a guitar player. If you don't give, your speeches about humanity are so shallow. He is a human. You give him a euro. When you go to him, smile at him and give something which is normally not expected by him, it is the ray of light from your eyes. Without these human aspects, these are all forms of compassion. Compassion is a sign of a disciple, Lord Krishna says in Bhagavad Gita. I spoke of them in Spain. First is, do not hate anyone, not only humans. If it is so, you, if you hate a person, a nation or an animal, an insect, a tree, any form you find, you are in darkness. It disables you to enter into the kindergarten of life. The next step is Maître, Maitreya, he is the friend of beings. The third is karuna. Karuna is compassion, it comes from the heart. Karuna is an aspect of heart. And absence of hatred. In every cycle humanity can ascend to higher cycles. We speak of humans missing to ascend, they miss it all the times. We have so many possibilities to do justice. Think of justice in the life of Krishna, of Jesus. Offer to the larger whole and receive what is minimum required. These are some thoughts that came to me. We continue tomorrow.

There are actions for balancing, you need to balance, balance is a balance in nature. That is how balance has to be built. Balance is one of the most important. In Libra all other sun signs are in. We walk into the energies of Libra and the work in relation to the planet. There are devas, they can also work with humans, to bring about the necessary adjustments to humans. These are a few thoughts that came to me. I would like to see each one of you on a one and one basis and shake hands when you move out. Thank you.



Wednesday 22nd September 2010, Morning

Hearty fraternal greetings and good wishes to all the brothers and sisters.

Let us enter into the sublime energies of Libra for appropriate orientation. I explained very clearly yesterday, there is the duty of an order in the higher circles, order and duty go together. The duty that is how expands the consciousness. The beautiful order that exists, symmetry, regularity and rhythm, is what is called cosmos. The word kosmos is a Greek word, it is equal to Vaikuntha or Vikuntha, it is a state of beness, where everything is orderly. Everything is brilliant and therefore beautiful. Its format is regular and perfect. That is called in the Vedic system Vaikuntha, meaning there is not a jota of imperfection there. It is considered as the abode of the God who is male-female. Such a formation is ideal that the human strives for and he progressively moves towards such perfection, by tracing perfection in all that he interacts with. Thereby he tends to be orderly, regular, beautiful. Until one has realised that the journey goes on.

This cosmogenesis as we call it is fundamental of the principle of Libra. The principle of Libra is that of the balance. At the fulcrum there is the balance of the centrifugal and centripetal action, there is unfolding and folding, unfolding to fold back and fold-back to unfold. Every awakening is an unfoldment. Every sleep is from unfoldment to the foldment. We unfold and fold back. In a day or in a cycle we breathe in and we breathe out, we awaken and we go to sleep. We initiate action and conclude the action. There is a double function in all. When the existence expresses itself as awakening which is said as the state of Light, not the light that we see, it is the light of comprehension. When you close your eyes, the comprehension is not there. Comprehension is an activity of awareness. Awareness is the basis of all activity. That awareness when it springs up, then there is activity. When that awareness withdraws into background there is the state of unspeakable God, pure existence which cannot be expressed, discussed, which is beyond all qualities, incomprehensible. That is the state of pure existence into which we slip in into our slumber. From that slumber we don't awaken, it awakens and then we feel "That I am". It is a daily drama that happens.

In your deep sleep hours you are totally unaware. When you have become aware, from that state it is an awakening. Who has caused the awakening? You have not caused it, after you awakened, it is there, enabling you "I Am". This I Am does not exist as me. There is no comprehension when there is no awakening. That awakening from existence understand it as the double - existence and awareness. Existence as the basis, awareness as the tree. Each one of us after we awakened - we have not awakened, we have been awakened. Afterwards we are active. The activity happens. With that awareness you function. The cosmos also functions like that. It as a regularity of awakening and absorption of that awakening into existence. There is a regularity, periodicity, rhythm, like we are awakened according to a rhythm, it awakens from existence according to a rhythm. This initial awakening is called Libra. Don't think Libra is only solar plexus. It is appropriately called solar

plexus, because the energy is solar, the plexus expresses out at various points, it plexes out, it shines forth.

From existence there is a spring-up, it is not in the hands of any except of the one who is called existence. Today the scientific word is energy, absolute static energy tending to be dynamic according to a law of space. There is some space. If you take the laws of cosmos it tends to be a scientific presentation. Call it God, call it the law, it is the same. The God is the same, the God is the law, the God is called Dharma, and also Deva. In Sanskrit there is a way of understanding the significance behind. Those who follow the law follow the order. You may not say God. Those who follow God if they are the true followers you are following the law. You cannot say you are a follower of God and be irregular or lawless. Lawlessness and godliness are incompatible. You cannot be lawless and following God. There are laws in every plane, so also in the planetary plane, The laws relating to humanity are called the laws of Manu, Manu Dharma, Manu Smriti. Manu Vaivasvata as you all know is the Manu who presides this cycle of time. The very meaning of the word Manu Vaivasvata is, he is the law of weaving light, just light weaving the cloth and then cut them according to our size. When we hold the law and honour it, we tend to be godly.

After the seventh plane, the seventh sun sign, Libra, there is unfoldment. This unfoldment is from above downward. That is why the scriptures like Bhagavad Gita say that the tree of life is spoken of as an inverted tree. It grows from above downwards. Its roots are in space, its branches are in various planes. Branches and sub-branches, leaves, fruits. It is an inverted tree which unfolds from a centre. That centre is to be seen as Libra. The first unfoldment we are concerned with is our awakening. When we have awakened from sleep it is already the function of Libra. It steps down as our state of existence, then we feel I Am. Then there is a further step-down as a triangle of will, knowledge and action. As we awaken and then feel I AM, then we will to do things. Then the knowledge of getting up, how to get up. If there is a regular getting-up it is better. Through the knowledge of getting up, then action of getting up. Will, knowledge and action. What is the next? You may wish to go to the refrigerator to drink milk or go to the bathroom to wash. In the related knowledge you act.

That is how the whole today is filled with the triangular activity of will, knowledge and action. If anyone of it is missing there is irregularity. When you don't have will you tend to be inert, lazy, not willing to know, not willing to do. If you have the will but not the knowledge, it is also irregular, you may do but doing without knowledge brings its own irregularity. You may have the will and the knowledge it leads also to irregularity. If you just remain as pure consciousness as I AM, will is not yet, knowledge and action is not yet. That is the state of beness as light. Then you are called an enlightened being. The other name for beness is existence. From existence to awareness is the first unfoldment. The two are intertwined, it is one becoming two. This happening of the one into two has inherent unity. What happens when one is separated, it tends to get back into one, but according to the law of periodicity or the law of creation the one has to become two. Just like when you get up you would like to fall back into sleep again, That does not happen, it is not yet time. It has to come later. There is a pull and a push between existence and awareness. That creates the cosmic principle of the law of pulsation. That is how there is the law of pulsation, the law of alternation, unfold, re-fold.

Man is essentially understanding cosmos by understanding himself. You need to have a deep intend to enquire into yourself. How did I get into sleep, how did I come out again. There is an intercourse. There is a push out and a pull-back. That is how there is the law of alternation of pulsation by which there is an expression to start with one has to become two, but in that there is a double function, not a single function. That way you get the very basis of creation, the very foundation of creation. As humans we say the foundation, for the devas it is up there. Temples are build from above downwards but not from below upwards. The human form is also build from the head and not from the feet as the base. We are formed from head to tail. The basis is four-fold. How is it four-fold? One became two in a double

manner. It is above-below and also at the same time lateral. It is lateral and vertical manifestation. In the lateral and vertical manifestation is seen as Tau. It is a great sign about five. Volumes are there in the Vedic literature with number five as the base. A

It is five. Four pulsation emerge from one pulsation. Four elements are emerging from one element. From one four emerge. The light when it happens, it happens not only vertically, it also happens laterally. When we say from the point of Light, there is a point of light, what happens? Simultaneously into 360 degrees there is a glow. When there is a light it expands into the surrounding space, it is a globe of light, not a circle of light, In a circle you express only in one dimension. With the sub dimension there are innumerable dimensions. The secret of lateral and vertical expansion is hidden in Libra. It is lateral, it is vertical. In the one where the lateral and vertical are well developed, it is not only vertical, but also horizontal expansion. Lateral is expansion into creation, Vertical expansion enables continuity of consciousness from the most high to the most mundane.

Subtle and gross, left and right, above-below. Left side and right side. Gemini culminates in Libra. The lateral sense of Gemini culminates in Libra because there are not only two horizontals, but also two verticals, In Libra you experience the horizontal lines of Aquarius and also the vertical lines of Gemini. There is the electrical expansion in Aquarius and in Gemini and there is the culmination of the two in Libra, for that reason the number of Libra is 4. Above-below, in a cross there are 2 lines. The cross is of four arms from the centre, but literally there are only two. Four lines around a centre, that has become the very centre of functioning of conscious awareness expressed of a cosmic symbol of a cross within a circle. Circle speaks of the emergence of light as a globe. That emergence is Libra, from there four functions come out, Involution from above to below. When one become two there is the lateral aspect happening. That is why there is a key related to Libra $2 + 2$ is equal of 2 into 2 . 2 plus 2 is 4 , 2 into 2 is 4 . There is no other number like that. Three to 3 is nine but not 6 , 3 and 3 is six. 2 and 2 is multiple multiplicity, that is called the cosmic light or nature. From it there is forthcoming. Likewise with the 3 there is also an explanation.

There is a trinosophia where everything is explained by number 3 like there is a way of explaining all as number 5 . When there is a thousand petalled lotus, they speak of the thousand dimensions of your being. It is not numerically 1000 , it means many. Dimensions in 3 planes, cosmic, solar and planetary plane. For every plane is explained as 0 , you have 3 dimensions, cosmic, solar and planetary. Along with the vertical manifestations there are the lateral manifestations. You have the lines of force you call nerves or Nadis. In Sanskrit there are two distinct words for the channels of life and channels of light. Channels of light are called Nadis through which light flows and other channels through which life flows. That is how you have a left brain and a right brain. And there is a brain behind, below the crown. The two brains can be balanced. One brain relates to spiritualisation, another brain relates to materialisation. There is a left and right of the brain. Then we have two eyes. Since the two are born, the one eye, the 3 rd eye, manifests as 2 . Then by descent and being lateral the two eyes are formed.

If you look into Secret Doctrine you find one eye in earlier manvantaras. It was one eye becoming two eyes. Whenever there is a descent the related nerves function left and right. In an inverted tree the branches form at every level. Imagine a pine tree in the inversion. You see the branches as the nerves. Their meeting point is the centre. The centre which we call in the body the etheric centres. For the points of harmony, of balance, of order, of beauty. There is a lateral formation of human beings along with vertical formation. Every left and right has its centre. Everything above and below has a centre. From that centre there is above and below and also left and right. Is it clear?

When there is a descent each time there is unfoldment towards evolution. That is what I explained to you, the devas function through lotuses. Insofar you tend to hold the same orderliness, same rhythm of regularity, then you continue to have lotuses. When the rhythm

is lost, the balance is lost. When the balance is lost, the lotus gets distorted into a wheel or whirlpool of energies. In the mortal beings in the involutory process the lotuses become chakras. Padmas become chakras. The unfolding energies of lotus when disturbed become a whirlpool of energies. The chakras can be brought back into the original state of lotuses by adopting to the art of balancing. To ensure balance in every action, because the balance brings you back into your centre. First the balance in a plane of existence transforms the chakra into a lotus, from the lotus there is a vertical movement into the higher plane. Then in the higher plane you learn to balance into the surrounding. There is a lotus followed by a chakra followed by a lotus. When you join all the lotuses it is called the garland of flowers or garland of lotuses. That is to be done through practicing yoga in daily life. Yoga is never intended to be apart from life. Yoga has to be integrated into your life. In all states of your actions and related awareness balance ensures to be centred to the centre. When the centres relating to various planes are connected then you have the vertical column of light which is called sushumna or the brahmarandha.

The branches come back to the tree. From the trunk the branches move upward, the branches move sideways. From balance you move to unfold into higher states, then you reach the higher states. Imbalanced states don't allow you to settle into buddhic plane. To settle there because the buddhic plane is again a centre of all the centres. There are 3 centres above and 3 centres below, above the heart there are three centres, below the heart there are three centres. Likewise to settle into the kingdom of God which is beauty, after the buddhic plane it is beauty, thereafter beauty can be retained by effort of balancing the thought, the emotion and the physical action. Beyond buddhic plane there is generally the Ajna. The difference is only in degrees. Within the kingdom of God there are inner chambers. Once you are within you are less prone for disintegration. Once you are in the temple compound it is easy to get into the sanctum sanctorum, there are less disturbances. The meeting of the divine are far more, the uncertainties are much less.

For all esoteric purposes, occult purposes, Libra is seen in the human body as heart centre but not as solar plexus. In the body of light Libra is in the heart from where you are equidistant to the most mundane and most sublime. You are equidistant to the divine and to the diabolic. The matter, the intelligences of matter and of spirit are equidistant. That is why a yogi is considered as a better place than that of the devas. The Hierarchy is equidistant to the energies of the devas and the diabolics. The teacher is equidistant to both.

There is an original understanding of diabolic. Material has the tendency to be diabolic. Spirit has the tendency to absorb the matter. The word used in the Vedic scriptures is Rakshasa which means literally protector of material manifestation. Ravana is a rakshasa. They always seek the boon of the divine for protection of matter. Protection of matter is also important, but it cannot go to destroy matter. Balance between matter and spirit is the state of a true yogi. Spirit and matter are in balance in him. There is a part of the rakshasas who condense the matter. Until spirit condenses you cannot have a container. How can you bring your coffee without a cup? Without a hand, a mouth? They are all material manifestations. How can you say that material is sin? Our brains are stuck with wrong doctrines, the so-called doctrines of Kali. There were religions before kali yuga. They have totally come away from the cosmic laws and the functioning of the cosmic nature and have created their own laws and they are trying to follow them like a blind man following the blind. Adopting to those higher orders is called Rama. By that you have become able to experience the beauty of cosmic, solar and planetary planes.

Only the hierarchy of teachers has enabled you to experience. There is no division, for the sake of understanding we divide. It is one globe and you have an imaginary equator going around. The globe symbol has the equator and tropics, but there are no such lines on the planet. There is no such division and east and west. Every place has its east and west on the globe. In some part there is day, in some part there is night. East and west, north and south, we need them for understanding, but don't take them as absolute. We have the problem of

division in us. Yoga gives us the ability to see the unity in all the diversity. Diversity in unity, unity in diversity.

To understand you would be brought back once we enter the heart centre. For that we have necessarily be balanced. The physical, emotional and mental planes, do not discard them, they have their own beauty. Emotion is like muddy water, devotion is like clean water. Emotion filtered is devotion, without devotion you don't have the finer sense of the beings around. Sense of feeling the other beings is called love. You cannot avoid water. Can you live with dirty water? When we speak of emotions we speak of dirty water. There are agreeable emotions we call devotion.

That is why to live by a water resource is strongly recommended. When the humanity was sensible it was doing this, Ganges, Rhine, Mississippi, Amazon civilisations were like that. You live by the water-side so there is the sense of feeling to the plants, animals and humans, to the devas. Nothing goes into dry situation, in the sands of the desert nothing grows. Near the river there is spontaneous growth. To be able to feel and to have it in a pure state is recommended. Pure water can reflect that which is below and above. When waters are pure and still we don't see the surface of water. You only have to see the circumference around the glass to know to what level you water it. The level ceases if it is still. Experience of subtle and gross in its beauty is possible only when there is the pure water in us.

It is wrongly understood. It is easy in Kali Yuga to promote wrong views. Untruth becomes very powerful very soon, but it suffers mortality. The teachings relating to truth are not dying, they are immortal. The pure waters are urgently needed. Then the thought which is full of fire. Matter, water, fire in us. Fire can catch up to be wild or gentle according to the situation. Air and fire, air prevails over fire, that is the fourth element. The fire in you can be developed in two ways to be an orderly fire, by exercising to build noble thought, thoughts of service, of good will, relating to the higher beings and higher worlds, meaning subtler worlds. More subtle means more higher. In the mountains you can also see the matter formations, but in the heights there will be certain phenomena which have to be attempted to be seen. That is called attempting to see the subtle around the gross, that is what is called occultism.

What is obvious everyone knows, what is around and what is obvious is subtle. Making an effort to perceive the subtle in terms of light, of form, of touch is helpful if one intends to contact the subtle world and move into the subtle world eventually. Thoughts are helpful, heat is helpful, but if the heat is generated from unclean waters, people see what is generated from unclean waters. Illusions are more with the emotional ones than with the fiery ones. Illusion that I may be so stuck in past life. There are others who inform you that they can see into past lives. They are all swimming in the pool of unclean waters. Excessive discussions about past lives are entertained, and there are teachings relating to it, one would do good not to attend to them. It is a way by which emotions are exploited, emotional exploitation. There is enough games relating to the present life.

When noble thoughts are entertained and worked out the emotions are evaporated and the clear waters are gained. The help of fire, of thoughts transmitted into actions you can transform your being. A good thought is a thought which is directed in terms of the benefit of others. What is good for others, for the group in relation to me. What is good to me needs to be conceived in relation to what is good in relation to the group. What is good for the whole would eventually be good for the being. You are part of a whole, the part cannot think of itself, of its security and progress regardless of the group. Don't think of your house, think of that the builders build enough dams to prevent the water flow, when the dam is there, your house is also protected. If you protect only your house it is not wisdom to think of oneself, it is true wisdom to think of others. To think of general welfare is considered as good will. You are part of the whole.

When you are working with a higher aspect the lower falls into an order. For man who is a thinking entity he has a responsibility to think in terms of good will. What is good for the group is good for me. The first group is the family. One cannot be irresponsible to the group and try to grow. Growth is always possible with groupal cooperation and consent. When there is consensus there is cooperation and groupal progress. Man is part of the whole, he cannot be too individualistic in his thinking, he needs to include others. There are so many books written about thinking, man is a thinking entity, we cannot speak of all books. One good thought related to good will breeds its children into all directions. One good thought promoted into actions brings more and more good actions.

If you simultaneously manifest many good thoughts into action the fire expands and finds new places and the fire, make sure that it is not too excessive. One can balance it through air, breathing helps, it is a function relating to air, it helps to balance your thought plane which is of fire, your emotional plane which is of water and your physical plane which is of matter. All can be harmonised through rhythmic breathing. If rhythmic breathing is disturbed, all are disturbed. That is why to work out from above below is important. Acts of love and compassion, friendliness. These aspects are needed to transform a chakra into a lotus.

Between muladhara and sacral there is a higher muladhara. Between sacral and solar plexus there is a lotus, likewise between every two chakras there is a lotus. Between solar plexus and heart there is a centre just below the diaphragm. Between heart and throat there is a higher centre. Between Ajna and Sahasrara there is a higher centre. The higher centre is a lotus, the related lower centre is s chakra. Thus the centres are connected through one thread, then man is said to be a garland of energy. That is how every great master of wisdom is balanced, he has synthesis in relation to the planes. A master of wisdom is connected to the higher centre. The one who is above him, the one who is below and the ones accompanying him. Every Master has two companions, he has two accompanying him, and one above and one following. These are 5. There is a downward movement and an upward movement through the Libra principle. The lateral energies are synthesised. He is the left and the right, he is the one who follows and the one whom he follows. That is how the Libra principle unfolds as 4, 4, 4. Without balance you are imprisoned in objectivity. If a wrong relation happens as you notice it, you need to rectify. To do wrong is but natural, because that is the world today, but the courage to rectify, to transform a wrong into a right enables you to get back into the centre. That is why self-defence is not seen as a mechanism in yoga practices. Neutrality is seen as the basis. When you are criticised, scandalized you don't have to counter it. If there is a jota of truth in it stay to the related rectification, if there is no truth in it, leave it at the feet of the Master.

If some injustice happens to us, accept it by surrendering it to the feet of the higher ones is better than to counteract it. By that you have grown. When injustice is happening accept it as it is coming. Defending oneself has the gift of lesser light. That is why there are people who serve, who sacrifice, who remain silent to criticism. In criticism there is destructive criticism and constructive criticism. What is destructive leave it to the feet of the master, what is constructive you ask the master for help and that is how you can progress by balancing daily life. Otherwise it imprisons you. Your right relations with the surrounding beings, surrounding elements, surrounding kingdoms, like plant, animal, mineral, right relation with them is the first step. That is why I spoke of justice. Hold onto justice. When you have stepped out of justice you are gripped.

The story of the elephant and the crocodile is known. The elephant disturbed the whole lake, it is not justice. It was causing trouble to the dwellers of the lake. A crocodile came and grabbed it by the food. What to do? First repentance: I could have taken bath without disturbing the whole lake. He is the king of elephants, he wanted to show his acrobats in the lake and win the praise of the ladies. When the ladies praise the man is out of will, he loses balance, isn't it? The man lost the balance and got into the lake. The crocodile thought, Let us show him the right place. In water no one has such a strong grip as the crocodile. The grip

of crocodile in water is a miracle, not on land. On land the elephant could have killed the crocodile by the other legs. The grip of Varuna is like that in the cosmos. He moves on a white crocodile that can grip any plane.

The grip was there, he repented, he prayed, he realised that he overdid. So the divine came and blessed both, the elephant and the crocodile. The punisher has done well to enable the elephant to come back to balance. Living in balance and also giving that balance to others enables us to receive the grace of the Most High. You cannot give the balance, you can only give the know-how to work it out. That has to be done without exception if you stand balanced in every aspect of life. Even an act of goodwill can become a glamour. If you get excessively connected to the books without the related action you become a bookworm, they don't give you the balance. You can also get the habit of listening to teachings without practicing it is also a grip, People can be obsessed with book reading and writing or seminars, obsession is not desirable in any aspect of life. The law of alternation brings you back to balance. If you are excessively obsessed with money you lose it, if you are excessively obsessed with health you get sick. If you are excessively obsessed with slim it supplies energies to the weight. Obsessions are avoidable, that is a law. Too many healthy habits can land you in sickness, be moderate. Moderation is strongly recommended. Excess is avoidable everywhere, in every aspect of life.

Don't be excessive, be moderate, when you are moderate you tend to be nearer to the centre. Balance is in the centre. Centre gives you unfoldment. Only when there is unfoldment you call it a centre. Be in the centre and related to the circumference. The centre of your being is I AM, you move into the surrounding through your personality with the help of your body. Do not lose the help of the centre. When the centre and circumference stand connected that is when you are in action you are conscious of your action, your speech, your movement. When you are centred in consciousness and move into objectivity there is a retaining the centre-circumference relation, that is wisdom.

To lose contact to the centre causes absence of wisdom. Then the forces of objectivity will handle you, left and right energies. Being in the centre and relating to circumference, either to the left or to the right, it brings you back to the centre. You can also move up and down, it is a fourfold permeation. The centre is called the centre of equilibrium. The centre is samana vayu. Upward movement is prana vayu, which is inhalation, the movement to the upper part of the body, apana vayu downward movements, udhana vayu expansion, vyana vayu contraction. The four pulsations come together in the centre which is samana vayu. From that samana vayu all other vayus extend. Being with it is being with Libra centre in the heart.

Centre-circumference. Centre is Libra, it unfolds into circumference. It can refold into centre. Its ability to exit and enter, to proceed and to recede. It is not enough if you only know how to proceed, you also have to know how to recede. Nature doing it is one part, our doing it is another part. Come back and stay with pulsation and wait. These are all so many aspects relating to Libra. Libra enables expansion and contraction. When to expand and when to contract. According to the cosmic time the cosmos unfolds and refolds.

There are cosmic cycles and smaller cycles up to the day. The serpent is just a point at the tip of the tail. The centre is the rod of justice. It is magnetised with the energy, it functions with all the 7 states of awareness. Formation of the 7 centres and then ascent through the 7 centres, expansion and contraction, all are functions of Libra. When you are connected to the centre, it enables you fourfold functioning. It is called the marriage of the Lady with the ram. Ultimately the functioning of Libra results in heavenly marriage. Ram represents the head centre, Aries. Its symbol speaks of the two brains functioning together. Successive centres lead you to unfold to the head. So he is the king of the universe represented by the symbol of Aries, called the heavenly marriage. That is how the marriage happens. When that marriage happens one would not accept any other husband. That is why to a yogi he is married to the king of the universe, that is the marriage of Libra with Aries. Aries is vertically connected to

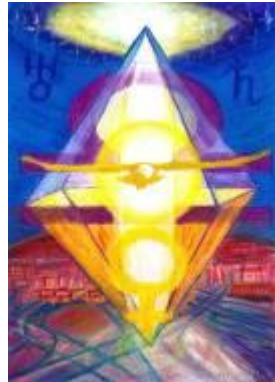
A man with grey hair, wearing a white long-sleeved shirt and a dark vest, sits in a yellow armchair. He is smiling and has his arms crossed. Behind him is a memorial altar covered with a yellow cloth. The altar features several framed portraits of people, including a man in a white shirt and dark vest, a man in a white shirt and dark vest, a man in a white shirt and dark vest, and a man in a white shirt and dark vest. There are also many lit candles and flowers on the altar.

Mantras

1. Shiva Swastika Suktam
2. Ganapati Suktam
3. Ganapati Mantra
4. Ganapati Stotra
5. Maha Ganapati
6. Rudra Mantra
7. Rudra Mantra
8. Rudra Mantra
9. Rudra Mantra
10. Rudra Mantra
11. Rudra Mantra
12. Rudra Mantra
13. Rudra Mantra
14. Rudra Mantra
15. Rudra Mantra
16. Rudra Mantra
17. Rudra Mantra
18. Rudra Mantra

Sung by Master K.P. Narayana

WTT Global
Kankana Equinox
Kankana, Switzerland 2018



There is a painting done by Ludger about the symbolism of Libra depicting a clear upward pyramid on a downward pyramid, the symbols of the planets related to Libra and the colours. The painting is being distributed.

A: All roads lead to Rome, or for Ludger, all roads lead to Berne. The higher heart centre is between the throat and heart centre. Libra is also in the cosmic sense there, but every centre is in Libra. The related balance and the related beauty in the expression, it is the core, meaning the heart. In any concept the golden middle point is the heart centre. Leo is related to the pulsating heart centre, the indwelling god giving his presence. So there is the cosmic centre relating to Capricorn, a solar centre relating to Leo and then there is a centre of all existing everywhere called Libra centre or heart centre. In three different contexts we speak of heart, relating to every plane of existence. Among all the centres there is a centre which by itself can be taken as a lotus in its female aspect and in its eightfold aspect the male aspect. The eightfold aspect is called the higher heart centre.

A: When the glands are not functional it means the imbalance is not curable and it is not possible to unfold it as a lotus. There is a higher centre, it can also unfold. Without the lower centre functioning the higher cannot function. When the related glands do not secrete there is an imbalance. You have to take to the related discipline by which the glands can function.

According to the science of life called Ayurveda all centres can be made functioning. Normally a physical discipline is the only weak point. You have to overcome your weakness through a very concentrated intent, it can slowly push into the related discipline. It may not come in one life, but it will come maybe when you have a fresh body. We should not get disencouraged. When we take to the related discipline it will come, in this body or the next one. The throat gland not working, work with Ajna, take to the centre which is possible to function, so you can continue to progress in this incarnation.

Q: We have understood that in evolution Libra would disappear and Virgo-Scorpio should become one sign. I don't know how Libra can disappear when it is an important principle and what will happen to the higher principle of that time.

A: The south pole may be shifted from the lower to the higher pole. From Libra centre as we generally relate to is what is called objectivity. When we use Libra in relation to a context we know this centre is spoken of. Libra is spoken of with passion, about beauty in form. The beauty in form draws you to the related form. The moment there is passion for wisdom the experience is of formless beauty. When there is the passion for beauty there is the fall of man. Passion for beauty in form causes the fall of man. That is called the serpent descending down the tree to reach the ground to crawl, it is a crawling situation. There the work is, one gets imprisoned through objectivity. Imprisonment in objectivity is not recommended, excessive passion to form. Form imprisons and gross physical form strongly imprisons. To move from a gross to a subtle form, one has to shift attention from passion to form to beauty without form.

Wisdom gives much balance. Passion for wisdom leads man to greater heights. Passion for the other sex should be moderate. Libra leads us to experience moderately. Libra is formed in the second half of the second cycle of 7 years, that is from 13th, 14th year, and for the 3rd cycle it is on, the passion towards the other sex, and eventually it is closed before one reaches the old age. Before one closes the energies are not wasted away. When once the Libra centre is open and there is the downward flow of energy and these energies are strong in nature, man may eventually get devitalised through excessive sexual activity. The sex energy can also help to progress into the progressive order. When the force is arrested in the descending order it helps to ascend. Just like when you have a river flowing well, you build a dam in it and you don't let its flow into the sea. You divert the energy into the field which can be cultivated. Cultivation happens. Likewise these sexual energies when they are not excessively wasted away they can be lead through noble aspiration into the field of the body which should have the force to move into the subtle called the higher planes of existence. If the waters have all flown from the river into the sea it is said the man has wasted away the related waters. The waters find their stream and thereafter it flows to the sea, likewise the energies flow into objectivity in a descending order. When man is just flowing out all the time then he is devitalised. This devitalisation results in a state of creation which is imperfect. Whatever you create also suffers from that imperfection. The zodiac of 10 sun signs is a perfect zodiac, the zodiac of 12 signs is a zodiac of imperfection.

Handling with gloves is a statement we use that you have a detached functioning. A passion associated with the objectivity and with subjectivity. You need slowly release yourself from your passion towards objectivity. Slowly it has to turn to subjectivity. You should make it a minimum concern as per objectivity and more towards subjectivity. The teachings of great initiates survive time because they have come through persons who have offered to the perfect side of creation. Stand free while surrounded, this standing free while surrounded is an important aspect, but there is an important aspect towards the opposite gender which should be moderately fulfilled. This enables the strengthening of your being. We keep the door closed when you do this activity in this room. When the door is kept open the inner activity cannot happen with the like intent than when the door is closed. So you are more inside than outside.

Libra disappearing means that the inner man is realised, the outer man is the mortal man, he suffers a lot of mutations. Integration with the outer man would cause the related problems. We disassociate with the outer man and form the inner man. You need to shut the door towards the outer temple called the objectivity. When the door is closed you are in the higher Libra centre, there you are functioning with objectivity and subjectivity as well. After initiation, relating to objectivity is totally different, it is not like the earlier association. Every initiate's story is a story where there is a time of incubation. They are no more interested in things they were interested in before. Such ones continually live in the kingdom of God. They experience the beauty of creation. They contribute harmony for the betterment of the world. Libra has its role to play for outer formation but it is not recommended that the door is opened all the time. Need is the only reason why the door should be closed.

Q: May we have a clue to see the glamour while we believe we are doing service and while we believe we love? How do we keep indifferent while feeling fulfilled with love?

A: It is allowed, it is joy which has its decoration. When you serve there is joy, when cultivating love and compassion there is joy, but it cannot affect you. The form cannot affect the water, but if it is more form and no water then it is a product of pride. The glamour of the joy of serving is allowed. When you are more and more into love you cannot be indifferent. When you touch the energy of love you cannot be indifferent to anything. How can we be indifferent while we are in the energy of love? We need to see if the love carries the related emotion. Love is impersonal, like a magnet which transmits its energy all around. Generally loving all that is around you is impersonal love. Personal love to a person or an object will not exist for long; when the object is taken away, it will end. If you love someone and that someone does not love you, it is a matter of... If you love someone and that someone marries another one you are not happy. Love towards a person, place, time, these are all personal forms of love, in that love there is time. If love is flowing out of you all the time you are meeting the love centre in the others. That love has nothing to do with the love which is known to people. When the love flows from the master, there are many who try to personalize and then they suffer. It is the love of the soul, but not love of personality. The love of teacher is equal to all like the sun rays, it may be behind the mountains; the valleys don't receive so much as on the top. Impersonal love is a state where one has stepped into the centre of love from where he sees the souls functioning. He reinforces the souls so that they work out their personalities. A true teacher does not work out personalities. He reinforces the persons, not the personalities. In the impersonal love there can be no differences. All are touched by the aura. Those who are not within the aura don't feel the touch. The orientation decides if you get the touch. In your sense of detachment you are indifferent to the ones around you. For being detached you don't have to be indifferent. Indifference in love does not exist.

Q: How can we utilise the first 15 days of Libra month which we are expected to conduct as a yogic programme to ascend from lower planes to higher planes?

A: The program is to minimize your objective functioning, not denying the objective. Denying is never the path of yoga. Gently shifting from one state to the other. For 15 days there is a ritual according to the lunar month. Lunar Libra starts on 8th of October for the seers. From there you tend to internalise for the next 15 days by ensuring you do not have too many programs in the outer. Then the 15 days of ascending moon, beginning with the first days to the end of the full moon. Full moon is beyond 12 hours beyond the full moon point. In the state of progressive illuminations, they shall have to be visualised inside. You see the first moon phase, then second, third,... Like this it goes on. After 8 moon phases you are 50 percent illumined. Thereafter it stays on till the next moon phase. All this can give you experiencing the light within the body. Moon stands for consciousness, not the satellite moon, but the Cosmic Nature. The Cosmic Mother is a reflective principle regarded in the scriptures as moon.

Increasing illumination can be worked out beginning from the beginning of the month of Libra trying to build the related body of light. But to do that you need to carry the program from 15 days before, meaning in the month of Virgo after full moon up to the new moon. Those 15 days you try to gradually minimize your outer program. When you are walking towards new moon you have to ensure that you have to minimize your proposals for objectivity. On the new moon day when the period of 15 days is, tend to reduce the objective activities. That is how we approach new moon. By conscious working, again from new moon to full moon you build the body of light by the help of full moon. Working with full moon and new moon is done in the temples. A minimum program of desiring. Working from new moon to full moon it is maximizing the body of light. This program was done for cycles. From Libra full moon to Libra new moon it has great effect for us, because of moon ruling Libra. The working has to be from the issuing new moon according to lunar calendar.

Lunar calendar has its importance on the path of spirituality. From new moon to full moon you work internally for experiencing the light. The currents of the light grow and then your body tends to gain much light. This ritual is much more effective when you are around Libra. That is why in the ancient rituals ritual is offered to the World Mother to experience the inner life. You need to orient more to the subjective side of your being, when you are engrossed in the objective life it cannot happen. Do not have an elaborate program. Come back and try to be more subtle. It can be for every 15 days from full moon to new moon and from new moon to full moon. For greater details there is the talk in Valencia how to work with full moon and new moon.

Q: Is the difference between the lunar and the solar calendar the 23 degrees?

A: There is always a different variation between the solar month and the lunar month, because the solar month is of 30 days, concluding in 360 or 365 days. The lunar month is of 26 to 28 days, because each phase is not in the same duration of time. Each time the moon phase is different, because the moon moves always differently. Therefore essentially there is a difference of 7 days between the lunar and the solar calendar. For four years it is a cycle. So the lunar calendar they adjust it, so in the lunar system there is an additional month of Taurus. The moon movement is not so consistent as the movement of the sun. The 22 degrees is another thing, it is in relation of the progression of the equinoxes. There is a wheel of the 12 suns and there is a bigger wheel of the constellations. The smaller wheel moves faster. A minute wheel in the watch moves faster than the hour wheel. The wheel relating to constellations, the constellations are 27, there is another wheel of 12 signs, it moves faster. Every 72 years it moves in anti-clockwise direction for 1 degree. So in 2160 years you have 30 degrees move. This adjustment is what is given out as precession of equinox to relate to the wheel. 0 degrees of Aries there is a movement of the zodiacal signs into the anti-clockwise direction, that is the reason for the progression. We take the lunar month as given in the lunar calendar. Developing light is not possible until the desired program of cleaning isn't done. For 15 days we try to clean, and for 15 days we try to clean the temple of the human body.

Q: Tomorrow we have full moon. But my personal full moon is a much more different energy.

A: Personal full moon is more effective to the person, it is a further step we work with once we are familiarized with the cycle of new and full moon. First we have to work with groupal full moon and new moon, then you have to localised the personal new moon and full moon to have the related impact of energies of minimizing the desire layer and maximizing the layer of light. Both are in the astral body. When the desire body is full of grey matter there is less light. Cleansing it you have more light. Personal full moon and new moon it is taught many times and you can follow it in your own calendar. First orient to full moon and new moon, then related to your ascendant and then relate to your moon and work out new and full moon as the basis, with the sun as the basis, with the planets. When all is worked out you stand in the presence of the master. Our brother Meinrad is recollecting to the group to work with the

personal constellations. You need to have sufficient time to orient to them. You will have the related experience and unfoldment.

Q: In Libra the cosmic mother is depicted on the lion. I know a picture where the mother is depicted on a tiger. Can you say something why it is sitting on a lion in this sign of Libra. Why she is additionally in the sign of Libra.

A: The passion of Libra is the tiger. Unless it is presided over by consciousness it cannot be really controlled, contained. Containing a tiger is not possible. Riding on a tiger is not everybody's work. To overcome passion and the related distraction the mother on the tiger is worshipped so that the passion is contained. Then there is the mother on the Lion. It relates to the mother of the heart. There are two traditions. One is to work with the mother that contains the passion of objectivity so that you are not too much affected by objectivity. But then there is also the mother on the lion, a higher aspect, where you are seeking love, compassion, a noble nature. Relating to the symbol is transmitting the qualities sought. The worriers worship the mother on the tiger. And those who want to transmute, transcend, transfigure, work with the mother on the lion. The mother need not be seated on the lion, the mother is with the lion. Friendliness walks along but not sits over. The mother is very friendly. And when it requires the establishment of law she sits on the lion, normally not. When the law. Love and justice is to be restored she rides on the lion. The mother with the lion and mother mounting the tiger have two different objectives. A king who goes to a ride to fight, a mother sitting on the tiger. Mother with the lion relates to the sun sign Leo which is a transformed Libra. From Libra centre you are transformed to the heart centre. When you are coming out of passion then it is recommended that you work with the mother sitting on the tiger, it is very passionate, it kills, whether it has hunger or not, it has passion, the lion has not, it eats only when it is hungry. When the lion is resting many animals move around without fear. Tiger stands for the power, lion stands for love and compassion. The two worships are there traditionally since remote past, depending upon your objective life. When there are problems with objective life, mother on the tiger is good. When you wish enlightenment the mother on the lion is good. Likewise there is mother on the swan, meaning the mother presiding over the swan. Likewise there are symbols. Thank you for your interesting questions.

Thursday 23rd September 2010, Morning

The morning started with a fire ritual, followed later by the lecture



Hearty fraternal greetings and good wishes to all the brothers and sisters.

Full moon and equinox greetings. I wish to inform all those who wish to know when the next May Call and where it is. The May Call 2011 will be performed with the presence of the Master from 26th of May to 31st May at a place which will be announced by Günter and Doris along with WTT-Global in Switzerland. The May Call will be in Germany. Those who want to announce it to friends may kindly do so. It is now clear so.



There are certain bookmarks prepared by Sister Tatyana Wagner on the occasion of Autumn equinox 2010, it speaks about the love beyond with a picture of her little sister Chiara.

We conclude the talk at 11 o'clock and then there is the full moon meditation and afterwards the group life is closed from 11.30 onwards.

Now we conclude our understanding of the sublime energies of autumn equinox and Libra energy. The Libra full moon is as you all know, the coming full moon shall be the Libra Full Moon so that you can prepare for the next 15 days to calm down and minimize the personality program until new moon. Then after the new moon you can go more and more into the awareness of the Mother. The god is always seen as the male and the female god, that is existence and awareness building up worlds from subtlest to subtle to gross. In various layers the creation happens. From atom to Adam, everywhere it is the two manifesting the related forms, giving opportunity to join the celebration the awareness with existence as basis. That can be contemplated from the coming new moon onwards so that the next full moon can be the experience of Libra. That is how the work of the cardinal cross can be worked out. From Aries via Capricorn to Libra. Libra is the 3rd cardinal sign. The Libra Full Moon the sun remains in Libra, the moon remains in Aries. Every full moon gives an opportunity a column of light in our sushumna. Such meditation is much easier around the general full moon and around the personal full moon which is worked out at a personal basis. You have different ways to work out the energy in the column of sushumna, experiencing it regularly helps building the antahkarana sarira, the internal implements. External implements are for exoteric work, internal instruments for internal work. Certain implements are for the internal work. We excessively work with the outer implements. We work with them in objectivity, objective mind, the senses and the body, with the help of these three you move out, not knowing how to come back. Working with the internal implements is working on the path of yoga. As we internalise more and more with the help of subjective mind we should be able to see the subjective side more and more, how are the emotions, how are the thoughts we have, what is the

basis of the thoughts? What is the basis of thoughts and emotions. You find the basis of thought, of life. You find the awareness of life principle.

Life, pulsation and awareness functioning in us. Meditation is also an internalisation process by which you try to align with the awareness of the life principle with the help of internal mind, subjective mind. From childhood the subjective mind has to be trained together with the objective mind to perceive the inner, esoteric things. It has to be trained from the 5th year. To perceive inside as you perceive outside. So many things you can sense, similarly the inner mind also can sense. It can listen, if it is well trained, it can see, it can feel the taste of life, it can feel the subtle fragrance in the deeper being and the fragrance relates to smell. Then we can perceive the touch of spirit. It is a matter of training the internal mind. Esotericism is dwelling in the inner mind. There is an outer man and there is an inner man. In the morning we have had our breakfast. What is the activity? YOU have taken bread, butter, marmalade,

coffee, milk or water. Who did it? The hand helped to put the food into the mouth, the sense of taste gave you the experience and then you have taken it in, then the process of going through the throat to the stomach. It all needs an outer man who does it, but for whom is the experience? The food we eat is not for the hand or for the mouth. If it is only for the mouth it could stay there. It is a process of nourishing the body, but who experiences the breakfast? Who experiences the drink and the food? It is none of these. It is not the hand, the mouth, the stomach, the intestines, it is the person experiencing through his equipment.

Like that who is seeing, the eyes don't see. The sight enables you to see, but who sees? I AM seeing, I AM eating. You have experience of eating, seeing, listening. Man carries an equipment by which he can see, eat, smell. Similarly he can see within his own being. He can see with the help of the I AM. Is the inner as decent as the outer? Insofar as there are unspeakable thoughts and emotions with you, you cannot say that you are decent. Many thoughts and emotions we get due to our civility you don't expressed. Such things are nourished inside. It is not enough that the fruit looks so good in the outer, there can be insects inside. You can't eat such a fruit, it is poisonous,. There are thoughts and emotions which have to be sorted out. Beyond these emotions there is similar looking beautiful poise. That is your miniature form, that is the thumb size man. You may have all seen some movies when you have seen you should remember. In the movie of Avatar there is a man who is with a kind of machine, the outer man is a machine, he goes inside. He is experiencing and through experiment he goes in. That is the one whom you find as you inside.

Libra gives this understanding with these two lines. There is a higher line and a lower line. The lower line is you as the objective man, the higher line is you as the subjective man. The subjective man is eternal, the objective man changes from time to time. Just like each day we have a different dress, a different body. It is through formation of the inner man one would transcend death with the help of the inner man, than he remains beyond the body, he is through that form recognized. When that man is realised the spiritual name is given. It is easy for Master Morya to recognize Master Djwhal Khul. In a higher sense the body we hold is the dress that we have. The inner person is recognized, there is an identity in the subjective world and we would recognize similar beings who remain eternal friends. They meet again and again, that has to be gained as initiation. All teachings ensure that the outer man who is mortal from that being the immortal being is generated. I gave so many examples, like the butter formed from the milk. From the caterpillar the butterfly is formed. The outer is one thing, the inner is thousand times more resplendent than the outer. When that inner man functions with the outer it is a different functioning. That is why there is a difference by a person who has gained the inner man who is immortal. They inspire. See the lives of Pythagoras, Plato, they continue to inspire us till today. All those whom we have on the altar are immortal because they have gained that body of light.

For that to gain you see the symbol of Libra. There is a hump in the middle, why? The hump is the eternal man in us who is called the cosmic man. The cosmic man, you are associated with the cosmos and you are solar by nature and you have a body. The inner man relates to the cosmic, universal man. By that association he is more with the cosmic or the super man. From that cosmic you as souls who have formed the inner antahkarana sarira, it has to be prepared by turning inward. That is the priority. Turn inward and prepare the Akshara Purusha, the one who is indestructible, by fire, water, air. The soul is beyond the five elements. When the inner man is formed the soul is gaining its disassociation with the outer form and it relates more to the super-soul. There is a super-soul in you and the soul which is the man centre and there is the body in association with the soul.

This is a three-in-one-situation. The god centre, the man centre which is solar and the body, which is related to the planet. We are relatable to the sun, and the one presiding over it is the cosmic sun. Turning inward, preparing antahkarana sarira, relating to the super man who is in the head, the man is in the heart and the outer man who is below the diaphragm. With the help of inner man the outer man is magnetized. Then the sushumna becomes the magic rod.

Without relation to the cosmic person you are not magnetized. That magic rod exists in us, but not as magnetic as it should be. It is more like an iron rod and has the impact of the solar energy to transform the sushumna column to be a magnet. That is the rod through which all work manifests. Libra offers unfoldment from the outer to the inner, from inner to innermost to meet the cosmic. That is how there is a reverting process, of involution to evolution. The divine when he descends through the principle of Libra from absolute to cosmic, from cosmic to solar to planetary, it is unfolding downward. In the symbol relating to the divine there is one lotus held down and one held up. The lotus which is held up is enabling the beings to move into subtler and subtler to help the beings to move up. Therefore Buddha is called Padmapani, the one holding a padma (lotus), he is ready to help. Help is in relation to formation of antahkarana sarira to realise the inner man of a form of light who forms the body of flesh and blood. It is secreted out.

The mutable and the immutable, the eternal and the temporal are mixed up. We have to bring out what is eternal from the non-eternal. The practice of yoga, occultism or discipleship, it is the same. It can be consciously worked out through gaining inner perception. The line above the horizontal line speaks of you, man, are not the lower, you are the one who resides over the lower, you are dwelling in the body, the dwelling house is not what we are. We live in houses and we leave the house. Here the house and the dweller are intertwined, integrated. This has to be separated through a gradual process of visualisation. You have to come out of the body of flesh and blood and stand free from it and relate to the cosmic. Then you are magnetised, then the column in your body creates the related magnetism. As a consequence you can do acts of uncommon nature. That is how it functions. It is a preparation through a kind of incubation called dwelling in subjectivity.

That is why people go into a cave or on a mount and come back differently. There is disappearance and reappearance. It is seemingly the same person but it is not, the iron piece comes out as a magnet. Libra works out. The part of Libra is also called the navel. In ancient scriptures it is called Durga. You go into your inner chamber and essentially it is three. The super-soul, the spirit, and the soul, and the body, and we have the personality, the house of the soul. The body of the soul contains the past accomplishments and the failures to be overcome.

From time to time, from incarnation to incarnation you neutralise with the help of the body. That is how the work is, and Libra offers full splendour. It not only causes fulfilment of the soul but gives back the fulfilment to the outer man, therefore the outer man also blooms.

For 60 days from Libra on there is a blooming season in the tropics, the flowers bloom. In springtime the flowers sprout, they are now blooming. The inner radiation is now filling the outer being and even the outer being is filled with beauty. The person has a beauty in him, the beauty of magnetic impact, of radiation. They express through the body, it is a different beauty, not the beauty we acquire through outer ointments and cosmetics, muscles. It is not comparable with the inner beauty, it is the life and love shining through the outer man. That is why the autumn equinox is higher than the spring equinox.

There is a tradition of starting the year with autumn equinox. There is a beginning from spring equinox, Ugadhi, since Aries is the beginning of all systems, also of Kali Yuga. That is one view. There are traditions where months are counted from full moon, some from new moon, some from the beginning of sun into a sun sign. Beginning, growth and completion. The autumn equinox is seen also as a beginning, it is not followed by winter, it is an eternal bloom. Normally winter follows fall, but there is no fall, the man is blooming without the body. We retain those examples with us so that we receive the inspiration. They have become immortal, why not we? When it becomes possible for a human it should be possible for other humans. Presence of a master in your daily thoughts causes the transformation. The presence of a teacher continues the transformation of the inner man and the outer man. He encourages the soul, reinforces, lends presence to the soul, not as an act, he naturally

magnetises, not as an act. A magnet wherever it is it magnetises, there is no acting to magnetize.

The oriented student, the presence is given him from presence to presence. An iron rod gradually receives the magnetisation. Ultimately it becomes another magnet. Who is the teacher? – he who is in eternal link with the eternal soul, the universal soul. He is in touch with the super-soul, from him to his followers it flows. A good teacher is the one who is an excellent follower. He receives the impact on him and fulfils him and he gives it to those who follow him. Master EK says in Spiritual Astrology, “These are from those whom I follow to those who follow me.” The teachings are from Him to those who follow him. The internalisation is part N° 1, the transformation is substantially helped by the presence of a teacher. What he talks, what he does, in all there is the transmission of presence that happens, it transmits itself to those who seek it. The north pole of the student and the south pole of the teacher. The disorder is transformed to get into order. It is as much aligned. With the help of another soul who is in order the one in disorder is reinforced and transformed.

The most sublime teaching is in Bhagavad Gita in 15th chapter. He speaks of the 3 purushas, one is called akshara, the immortal one, then there is the mortal one. Your properties, all that relates to your body does not come with you. Body does not come with you on the travel. There are certain aspects which are immortal with us, the mortal man is called Kshara Purusha, it is for one life a vehicle, when it is over you take to another vehicle. You have to fulfil a journey, like from Hamburg, when the vehicle breaks you take another vehicle. The vehicles are the outer man, Kshara Purusha, you travel with the inner man. He is journeying for experiencing the source of his being. On the way he is fulfilled. The 15th chapter which is called Purushottama ... meaning gaining the presence of the cosmic person. We are a prototype of that cosmic person. With our prototype we have our body. From cosmic to solar to planetary person. That 15th chapter gives the 3fold nature of the person.

As long as we are with the outer we are the prisoners of the planet. When we are able to come out of the objectivity it is not an entanglement. You get into your vehicle when you want to travel, otherwise you get out. That is how the inner man has to reveal himself from the outer man. That is why there is an inner formation like the kernel of the peanut is removed from the outer shell. You open the outer layer to see if the inner nut is intact. You are still intact in the same form so that you are recognised thereafter by that form of light. For eons of time he is recognised. There are masters who are recognized. Kumaras, from universes together, the 7 seers, they can trace creation. All those beings who have gained that state of cosmic eternity are enumerated in Bhagavad Gita: “Among these I am this....” From temporal to eternity we move on and on. The event has no impact on you, you give and impact on the situation. Someone in the story of Bhagavad Gita, the prophecy is that he would die in 7 days. “In these 7 days I would like to associate with the cosmic being.” Manifesting from the blue a being came and came in. The king said, “It is by divine grace that you are here, would you please help me to release me from the body.” The teacher who came smiled and said, “I tell you a story about a man who did it in four minutes.” Then the king was tremendously encouraged and he stayed with the teacher for 7 days and when death came he departed. The teacher makes the problem smaller. He gives the related presence through anything he does, he transmits only his presence through anything he does.

In the 15th chapter he shows how man moves from centre to circumference and from circumference to centre. Ascending through centres and not getting into the curbed path, moving through the centres. That light we mean, “May the Light in me be the Light before me, may we see it in all” – not only those whom we like, not only those we like, not only humans. He experiences the presence in all. Ignoring it in the ones around doesn't allow you to experience it. What is the use of what is in a distance? This is how Libra symbol has great message to give. The lower line is the objective body relating to the objective world, the higher line relates to the higher world and the hump relates to the link to the super-world.

Instead of being the lower line may you always be engaged with the higher line. All the great empires have gone, Greek, Roman, Babylonian, Egyptian empires, they have gone.

When it comes to this rise from the inner side of the beings, there is no fall, there are no seasons. Libra offers the inner light with the link to the universal light. The universal – the cosmic – the solar and the planetary light. Once you touch that energy of the cosmos, huge symmetry, beauty, all that extends from the super-soul to the soul to the personality. It transmits the electromagnetic energy to the outer man. Libra is working through the middle principle. Tending more towards the life after would result in ignorantly imbalanced. Tending more to the material would result in imbalance. In all points be centred. Physically, emotionally, mentally be centred. It becomes a learning process. Be in the centre, the buddhic plane. Many are stuck with the wisdom and the agreements of wisdom. Then further the soul, then further the super-soul. In all that you have formed a centre point from the super-soul to the physical, they all join to have the presence of the super-soul which magnetises the rod which gets magnetised. Don't feel this is iron, it has a potential for the highest value.

That is why the colour of Libra which is red, when it is not attuned with divine will it is desire, deflected will is desire. Fulfilled desire the power attraction comes. It is associated with will that is not pure. Will stands for red because it has the ability to attach the person to power, it is all red. For the king it is red, very powerful. Red is not advisable, it is a colour of Libra not recommended for the disciple. For the disciple it is violet. Violet has deep blue in it. That is why violet flame invocation so that you desire for better things, desire for wisdom, bringing order into your life, bringing it into an order. Bring the related impact. Blue is the colour of the soul. These are the colours. The planets generally, it is Venus and Mars, Venus in Libra has a tendency for beautification in objectivity, but that is not enough. We try to do it in visible manner. Beauty has its own order in it and the related transmutation of energy; it is not the exalted state of Venus. Therefore for the disciple it is again Venus, for discipleship it is initially Saturn, through Saturn it is standing in the centre. It necessitates justice as we had in the first lesson. You are standing erect, it creates a right angle.

Justice creates the right relationship for left and right, it is not the worldly justice. It is within you; by that justice you accomplish. Stand in justice and help the need. This justice gives entrance to the energies of Venus which is the beauty of the inner side of things. That is where we have the antahkarana sarira. So from Venus to Saturn to Venus, it is the Venus of immortality. It is not just beauty. All outer beauties fade away however beautiful they were. The beauty of outer is destined to fade away.

There is a story about the outer beauty. When the king was moving around he saw a lady, extraordinarily beautiful. He was already married. The king's problem is, he ordered the lady to come with him. The lady saw the king, he is so ugly inside, so beautiful outside. The lady said, "What do you want me to be here? You like my beauty, not me. I stay with you for 15 days but don't let me stay longer." Then she had some kind of vomiting diarrhoea and she went on vomiting and she collected it. After 15 days of vomiting how does one look like? Like a squeezed orange. She sent word to the king to come. The king came with all, entered the room and asked, "Where is the lady?" She said, "Which lady?" "The one whom I brought to the palace" – "It is me." She changed so much through diarrhoea and vomiting. "It is me." – "No, no. I can't believe. The lady whom I brought was so beautiful, but you not, you smell so much." He asked, "What happened to your beauty?" "I have collected the beauty in these two drums, if you want it, please take it and leave me." That is the outer beauty, inner beauty is beauty, outer beauty is no beauty, it fades away. In 15 days it goes beyond recognition.

Saturn brings the beauty of the permanent. All that glitters is not gold. There are gold-like ornaments, but gold is gold. Saturn transforms from outer beauty to inner beauty which is eternal beauty. That is the beauty Saturn offers. Saturn in Libra is to stay in the centre. The balance Saturn can give, no other can give. That is why for many reasons many who know

take Saturn as the teacher. Then again he enters into the inner. Thereafter it is Uranus or Neptune or both. It is either or both. So there is a hierarchy relating to Libra, from violet to sky blue to deep blue. It works with 4, 6 and 8. When you are able to vertically and laterally move, that is the Aquarian man. Number, colour and then the sound. "Dum", the drum related to the sound "dum", and feel the vibration of the sound, Dum. Shiva has a drum....

Hasta is the first constellation. All these are the energies of the related constellations. So, let us worship the mother who is also the Father. Worship and then tend to be balanced.

Thank you one and all.

As the conclusion of the seminar there was a meditation at the time of Libra Full Moon.

